



CURRICULUM VITAE

Thao Thi Phuong Nguyen, M.D., Ph.D.

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1. Education

Ph.D. in Public Health, Hanoi Medical University, Vietnam (March 2024)

- *Dissertation:* Effectiveness of Multifaceted Interventions Including Motivational Interviewing and Home Rehabilitation Program for Improving Mental and Physical Health in Stroke Patients: A Randomized Controlled Trial

Master of Medicine in Preventive Medicine, Hanoi Medical University, Vietnam (August 2018)

Medical Doctor in Preventive Medicine, Hue University of Medicine & Pharmacy, Vietnam (August 2014)

2. Professional Experience

Current Positions

Director, Academy of Medical Sciences in Vietnam, Ho Chi Minh, Vietnam (2023-Present)

- Provides strategic leadership & vision, promoting science diplomacy & international collaborations.
- Bridges scientific research with healthcare solutions.

Senior Researcher, Vinmec Research Institute of Stem Cell and Gene Technology, VinUniversity, Vietnam (2023-Present)

- Conducts advanced stem cell research on Autism, Cerebral Palsy, and premature aging.
- Leads projects on innovative stem-cell treatments for neurodevelopmental disorders and aging.

Previous Positions

Researcher/Lecturer, Institute for Preventive Medicine and Public Health, Hanoi Medical University, Vietnam (2020-2023)

- Conducted interdisciplinary public health research.
- Collaborated with researchers from Singapore, USA, China, and Germany.

Project Officer, KNCV Tuberculosis Foundation, Hanoi, Vietnam (2017-2018)

- Managed and implemented tuberculosis control programs.
- Led community health education and data collection efforts.

Technical Officer, General Department of Preventive Medicine, Vietnam Ministry of Health (2014-2017)

- Coordinated public health programs funded by U.S. CDC and WHO.
- Developed documentation and reporting structures.

Areas of Specialization & Research Interests:

- Public Health, Preventive Medicine
- Mental Health, Well-being
- Neuroscience, Neuropsychology
- Digital Health, eHealth Solutions

Research experience - Principal Investigator

- *Ecological momentary assessment, smartphone data, and peer workshops to support positive family communication and healthy internet use in Vietnamese adolescents* (pending grants).
- *Assessing Heat Exposure and Mental Health Outcomes Using Smartphone-Based Ecological Momentary Assessment in High-Risk Occupational Groups in Vietnam and Nigeria (SEMA-MHO)* (pending grants).

Professional Memberships & Affiliations

- Member, Global Young Academy (GYA) [2024-2029]
- InterAcademy Partnership's (IAP) Young Physician Leaders [2024]

- TWAS Young Affiliates [2024-2029]
- Science Diplomacy for Early-to-Mid Career Researchers in ASEAN Plus Three [2024-2025]
- Member, Vietnam Young Academy (VYA) [since 2024]
- Member, Vietnam Young Doctors Association [since 2020]

3. Publications with Impact Factor

As First and/or Corresponding author

1. *Utilizing Portable Functional Near-Infrared Spectroscopy to Assess Improvements in Depression After Receiving a Multi-Intervention Program for Stroke Patients in Vietnam – Applied Spectroscopy Reviews* (IF: 5.4)
2. *Effectiveness of Multifaceted Interventions including Motivational Interviewing and Home Rehabilitation Program for Improving Mental and Physical Health in Stroke Patients – International Journal of Nursing Studies Advances* (IF: 3.1)
3. *Association of Individual and Neighborhood Characteristics to Problematic Internet Use among Youths and Adolescents – IJERPH* (IF: 2.468)
4. *Post-stroke depression in Vietnamese patients and Sleep Quality/Fatigue – Sleep & Breathing* (IF: 2.1)
5. *Mental Wellbeing among Urban Young Adults: A Latent Profile Analysis – Frontiers in Psychology* (IF: 2.6)
6. *Parent-Child Relationship Quality and Internet Use in a Developing Country – Frontiers in Psychology* (IF: 2.6)
7. *Physical Activity, Social Support, and Quality of Life in Middle-Aged Women – PLOS ONE* (IF: 2.9)
8. *Determinants of Health-Seeking Behaviors among Middle-Aged Women in Vietnam – Frontiers in Public Health* (IF: 3.0)
9. *Evidence of Internal Structure of the Transactional eHealth Literacy Among Vietnamese Youth – Frontiers in Public Health* (IF: 3.0)
10. *Perceptions and Attitudes Toward COVID-19-Related National Response Measures in Vietnam – Frontiers in Public Health* (IF: 3.0)
11. *Fake News Affecting the Adherence of National Response Measures During COVID-19 Lockdown – Frontiers in Public Health* (IF: 3.0)

As Co-author

12. *Functional Near-Infrared Spectroscopy of Medical Students Answering Various Item Types – Frontiers in Psychology* (IF: 2.6)
13. *Factors Associated with Community Awareness on COVID-19 in a Developing Country – Risk Management and Healthcare Policy* (IF: 2.7)
14. *Social Media Addiction among Vietnam Youths: Patterns and Correlated Factors – IJERPH* (IF: 2.468)
15. *Functional Near-Infrared Spectroscopy in Mood Disorders – Journal of Clinical Neuroscience* (IF: 1.9)
16. *Reaching Further by Village Health Collaborators: The Informal Health Taskforce of Vietnam for COVID-19 Responses – Journal of Global Health* (IF: 5.3)
17. *Factors Correlated with Neuropathic Pain Among Industrial Workers in Vietnam – Frontiers in Public Health* (IF: 3.0)
18. *Fear of Falling: Exploring Associated Factors Among Elderly Residents in Vietnam – IJERPH* (IF: 2.468)

4. Total impact factor

- **Total impact factor as First and/or Corresponding author:** 33.168
- **Total impact factor as Co-author:** 20.436
- **Overall total impact factor:** 53.604

5. H-index

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| <ul style="list-style-type: none"> • Google Scholar: <ul style="list-style-type: none"> ○ Citations: 265 ○ h-index: 8 ○ i10-index: 8 ○ Google Scholar Profile | <ul style="list-style-type: none"> • ResearchGate: <ul style="list-style-type: none"> ○ Total Research Interest Score: 170.5 ○ ResearchGate Profile |
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