

ANU HEALTH SERVICES HOSTS BIANNUAL WELLNESS WEEK

The ANU Health Services Department held its Biannual Wellness Week from 13th to 17th October 2025, reaffirming the University's commitment to preventive, promotive, and curative care for the entire campus community. The initiative aimed to ensure that students and staff could access essential health services in a supportive and wellness-focused environment.

The event was delivered in partnership with Beacon of Hope, CANA Hospital Rongai, AAR Healthcare, and BAUS Optical, who offered a wide range of free services. These included blood pressure, blood sugar and BMI screening, eye checkups, dental examinations, physiotherapy and orthopedic reviews, breast and pelvic ultrasounds, HIV counselling and testing, and cleaning or repair of eyeglasses.

The turnout was impressive: 62 individuals received eye checkups while over 260 community members accessed general health assessments. Among them, 60 benefited from physiotherapy services, 39 received orthopedic consultations, and 79 students underwent HIV counselling and testing.

Wellness Week remains a key pillar in fostering a healthier ANU community.



Photo Courtesy: ANU community members accessing health services during the wellness week

ANU REPRESENTED AT THE 2025 TWAS SKILL BUILDING WORKSHOP IN NAIROBI

Africa Nazarene University was proudly represented at the 2025 TWAS Skill Building Workshop, where Dr. Micky Mwamuye, Senior Lecturer and One Health Researcher, joined 27 early-career African scientists for a three-day capacity-building programme in Nairobi.

Held from 21st -23rd October, 2025 at the Mövenpick Hotel, the workshop forms part of the Seed Grant for New African Principal Investigators (SG-NAPI) Programme, supported by The World Academy of Sciences (TWAS) and Germany's Federal Ministry of Research, Technology and Space (BMFTR).

The initiative aims to strengthen the research skills and leadership capacity of emerging African scientists.

Throughout the workshop, participants from 16 African countries took part in sessions on scientific writing, responsible AI, mentoring, science communication, and transdisciplinary research. They also engaged in networking activities and a keynote address by TWAS Fellow Prof. Catherine Ngila, enriching their exposure to continental research priorities.

Reflecting on the experience, Dr. Mwamuye noted that the workshop broadened both his scientific and collaborative skills, especially in aligning his work within One Health and sustainability agendas. His SG-NAPI supported research focuses on the environmental dimension of antimicrobial resistance at the human-livestock-wildlife interface.

Since its launch in 2021, the SG-NAPI programme has awarded 121 grants, empowering returning African researchers. Through such platforms, ANU continues to play a vital role in advancing scientific excellence and sustainable development in the region.

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**UNESCO-TWAS
representatives visit ANU to
review the progress of Dr.
Micky Mwamuye's SG-NAPI
project.**



**Courtesy visit by Langham
Scholars to the School of
Religion and Christian
Ministries**



**Welcoming Rev. Phumzile
for Holiness Week 2025.**



**John Henry poses with the
Environmental Impact
Assessment and Audit
Cohort at the Honour's Court**



**Huawei launching their ICT
competition at ANU**



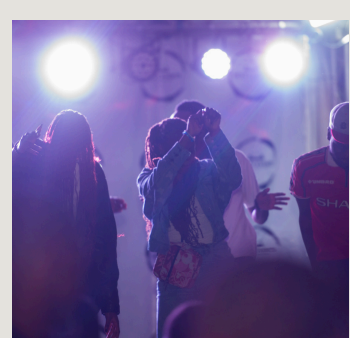
**The ANU Basketball team
dominating the court at the
NASOKUSA interuniversity**



**A productive courtesy visit by
the ANU team to Kiambu
National Polytechnic exploring
meaningful partnerships**



**Basketball players engaging
in Bible Study at the
University Basketball Court**



**Students enjoy the groove at
the Campus kick-off**